

Eustace Primary School

Meal Prices

Breakfast and Lunch are provided to all students at no charge.

Note to Parents

Eustace Primary School offers breakfast and lunch on a daily basis. Our menus have been planned to meet or exceed the standards of the National School Breakfast and Lunch Programs. The National School Lunch Program was created to “safeguard the health and well-being of children”. You should encourage your child to choose the most nutrient-dense, power-packed foods. We sincerely hope you will trust us to meet your child’s nutritional needs while at school.

Payments

Payments may be made in the form of cash or check at your child’s school during operation hours. To pay by credit card or PayPal, visit our website at www.eustaceisd.net and use the Parent Access link to Skyward. There is a transaction fee for online payments. Prepayments may be made in all school cafeterias.

Special Diets

If your child has a disability or life threatening food allergy, the cafeteria will make accommodations as prescribed by the child’s physician. Contact the Child Nutrition Director, at 903-425-5119, for more information regarding special diet requirements.

Website

For nutrition news and current events, visit our website at www.eustaceisd.net/foodhome.htm.

Questions about the menus or any service provided by the Child Nutrition Department? Just call 903-425-5119 or visit our website at www.eustaceisd.net. For employment opportunities, contact Child Nutrition Department. Menus may change due to product availability, significant market changes, customer preference, special event days, or inclement weather days. Menus meet recommended dietary guidelines. In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at:

http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture; Office of the Assistant Secretary for Civil Rights; 1400 Independence Avenue, SW; Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

A choice of milk is offered with each meal. Fruit and juice are offered with breakfast. Menu is subject to change without prior notice, due to the availability of certain items.

AUGUST						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER						
S	M	T	W	T	F	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

FEBRUARY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

MARCH						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

APRIL						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

MAY						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Lunch Menu Cycles by Week

The colors on the calendar indicate which menu cycle will be served each week. Unmarked dates indicate that school will not be held.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Entrée °Combo Bar & Toast °Yogurt & Granola Lunch Entrée °Chicken Rings w/Roll °Steak Fingers w/Roll Lunch Sides °Fruit °Green Beans °Mashed Potatoes °Gravy	Breakfast Entrée °Pancakes & Syrup °Cereal & Toast w/Jelly Lunch Entrée °Cheese Pizza °Uncrustable w/Cheese Stick Lunch Sides °Fruit °Broccoli °Carrots	Breakfast Entrée °Muffins °Sausage & Biscuit w/Jelly Lunch Entrée °Fish Sandwich °Corn Dogs Lunch Sides °Fruit °English Peas °Sweet Potato Tots	Breakfast Entrée °Pancake & Sausage on Stick °Toast w/Peanut Butter & Jelly Lunch Entrée °Beef & Bean Burrito °Taco Bowl w/Cheese Cup Lunch Sides °Fruit °Taco Salad °Refried Beans °Salsa	Breakfast Entrée °Omelet w/Toast & Jelly °Yogurt & Granola Lunch Entrée °Hamburger w/ Bun °Chicken Sandwich Lunch Sides °Fruit °Burger Salad °Tater Wedges °Baked Beans
Monday Breakfast Entrée °Mini BB Pancakes w/Syrup °Cereal & Toast w/Jelly Lunch Entrée °Fish Sticks w/Biscuit °Cheesy Chicken Sub Lunch Sides °Fruit °Potato Wedges °Spinach Salad	Tuesday Breakfast Entrée °Breakfast Pizza °Yogurt & Granola Lunch Entrée °Beef & Bean Burrito °Toasted Turkey & Cheese Sandwich Lunch Sides °Fruit °Corn °Garden Salad °Salsa	Wednesday Breakfast Entrée °Frittata w/Toast & Jelly °Yogurt & Granola Lunch Entrée °Sweet & Sour Chicken w/Rice °Uncrustable w/Cheese Stick Lunch Sides °Fruit °English Peas °Asian Veggies	Thursday Breakfast Entrée °Taco Go w/Salsa °Cereal & Toast w/Jelly Lunch Entrée °Pepperoni Pizza °Sub Sandwich Lunch Sides °Fruit °Steamed Broccoli °Carrots	Friday Breakfast Entrée °Cinnamon Roll °Oatmeal & Toast w/Jelly Lunch Entrée °Hamburger w/ Bun °Chicken Sandwich Lunch Sides °Fruit °Roasted Sweet Potato °Burger Salad °Baked Beans
Monday Breakfast Entrée °French Toast Sticks w/Syrup °Cereal & Toast w/Jelly Lunch Entrée °Chicken Fajita °Mini Corn Dogs Lunch Sides °Fruit °Corn °Spanish Rice °Salsa	Tuesday Breakfast Entrée °Pancakes w/Syrup °Oatmeal & Toast w/Jelly Lunch Entrée °Baked Ziti w/Garlic Bread °Uncrustable w/Cheese Stick Lunch Sides °Fruit °Broccoli °Steamed Carrots	Wednesday Breakfast Entrée °Breakfast Toast °Cereal & Toast Lunch Entrée °Chicken Rings °Steak Fingers Lunch Sides °Fruit °Green Beans °Sweet Potatoes °Gravy	Thursday Breakfast Entrée °Eggo Waffles w/Syrup °Toast w/peanut butter & jelly Lunch Entrée °Taco Soup w/Corn Chips & Cheese °Uncrustable w/Cheese Stick Lunch Sides °Fruit °Garden Salad °Summer Squash	Friday Breakfast Entrée °Scrambled Eggs & Toast w/Jelly °Yogurt & Granola Lunch Entrée °Toasted Turkey & Cheese Sandwich °Chicken Sandwich Lunch Sides °Fruit °Spinach °Baked Tater Wedges

A choice of milk is offered with each meal. Fruit and juice are offered with breakfast. Menu is subject to change without prior notice, due to the availability of certain items.