

HEALTH SCOPE AND SEQUENCE CURRICULUM

1ST Six Weeks

Develop a positive attitude toward personal health and wellness and to build self-esteem with decision making skills.

Demonstrate a basic knowledge of behavior that can contribute to mental health and emotional well-being.

Understand the factors and develop responsible behavior which affect family and social

2nd Six Weeks

Demonstrate responsible behavior in making food choices that affect physical, mental and social health in a positive way

Demonstrate responsible behavior concerning the use of tobacco, alcohol and drugs.

Relate the importance of living a stress free life and how to deal with everyday occurrences.

3rd Six Weeks

Demonstrate a basic understanding of the structure and function of the reproductive system

Appreciate the consequences of sexually transmitted diseases on long-term health.

Develop an understanding of the importance of knowing and implementing the necessary first aid procedures, according to need, including CPR.